



Newsletter

Fifth Annual Lowcountry Wine and Beer Festival Labor Day Weekend



The Clinic's Fifth Annual Lowcountry Wine and Beer Festival and Silent Auction will be held on **Sunday, September 4, 2011** on the green at Freshfields Village in the center of the village.

Planning for the event is well underway by a number of dedicated volunteer committees. A great deal of energy and effort is going towards raising funding for the event through sponsorships, ticket sales, auction donations and individual donations. Last year the Festival netted **\$43,779** to carry on the mission of the Clinic

We invite you to attend the event and share in the fun and fellowship. By supporting Barrier Islands Free Medical Clinic, you are helping to create healthy communities on Johns, Wadmalaw and James Islands. Support from our donors and dedicated volunteers means that costly conditions like diabetes, hypertension and hyperlipidemia are being identified and treated before they become emergencies.

Thank you!



Cobblestone Quartet says "Yes" to entertaining us again this year!

The Fifth Annual Lowcountry Wine and Beer Festival

*On the Green at Freshfields Village
September 4th, 2011*

4:00pm to 7:30pm

All Proceeds to Benefit the Barrier Islands Free Medical Clinic, Inc.

Music by

Cobblestone Jazz Quartet

Lowcountry Cuisine by

Hege's Restaurant

Door Prizes & Silent Auction

*Advanced Tickets \$35**

At The Gate \$40

***Advanced Sale Ticket Holders
will be entered into a special
drawing for a \$150 gift card to
the restaurant of their choice*

Ticket Locations

Freshfields Village

~Guest Services

~Indigo Books

Kiawah Island

~Town Hall

Seabrook Island

~Seabrook Island Real Estate

Johns Island

~The UPS Store

~Schoen Ace Hardware

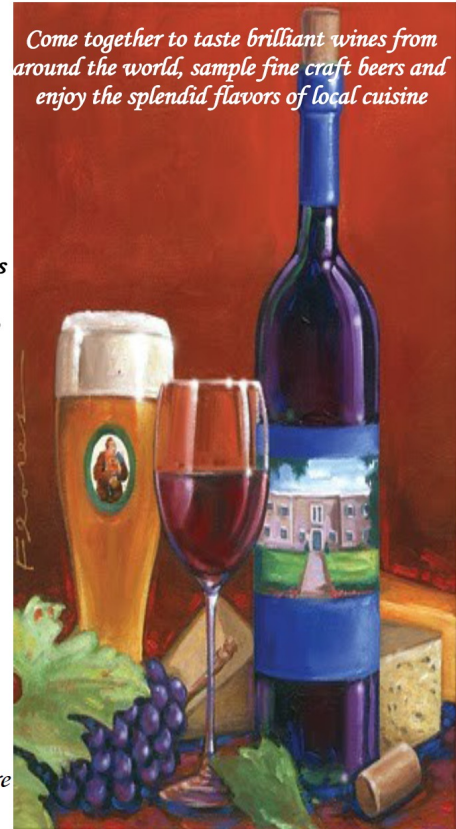
James Island

~Forsberg's Wine & Spirits

~Hyams Garden & Accent Store

~Paul's Hairstyling

*Come together to taste brilliant wines from
around the world, sample fine craft beers and
enjoy the splendid flavors of local cuisine*



What your sponsorship will provide:

Diamond Level Sponsorship \$3,000

1 Year of Free Medical Care for 50 Patients

Platinum Level Sponsorship \$2,000

1 Year of Free Medical Care for 33 Patients

Gold Level Sponsorship \$1,000

1 Year of Free Medical Care for 17 Patients

Silver Level Sponsorship \$500

1 Year of Free Medical Care for 8 Patients

Bronze Level Sponsorship \$250

1 Year of Free Medical Care for 4 Patients

Barrier Islands Free Medical Clinic, Inc.

From the Chairman



Dr. Jim Hayes, Chairman, Board of Directors

Greetings from all of us at the Barrier Islands Free Medical Clinic. Our mission is to be the medical home for the adults who live or work on Johns, Wadmalaw or James Island who are low income and do not have health insurance. Since opening in April 2008, the average number of patient visits was 100 per month; increasing each year and now we have grown to seeing almost 400 per month. In April 2011, we celebrated three significant events: our third anniversary, our 10,000th patient visit and National Volunteer Appreciation Week.

The clinic is totally funded by grants, organizational and individual donations and by our two fundraising events. The golf tournament in May was a huge success and the Beer and Wine Festival is **Sunday, September 4th** on the Green at Freshfields Village. I cannot thank our donors and supporters enough as the clinic receives no Federal or State monies. I especially want to thank Roper St. Francis Healthcare as they provide all of our laboratory and x-ray services at no cost to the clinic.

The clinic has 4 full time and 2 part time salaried employees, but without our volunteers we could not exist. There are 64 volunteer physicians and nurses, 32 volunteer office personnel and 17 Spanish interpreters. Each day, I thank God for their work and sacrifice.

In closing, please pray for the clinic to continue its mission and consider supporting us when you can as a volunteer or donor.

Our Best Regards,

To Our Volunteers:

“2,325 Patients Thank The Volunteer Physicians for 11,138 Visits to the Clinic”

Dear Colleagues,

Without the Volunteer Physicians and our colleagues, the Volunteer Nurses, the Volunteer Office Support and the Volunteer Interpreters there would be no clinic. The Barrier Islands Free Medical Clinic thanks each of you, I thank you. Wow, look at what all you have accomplished ~ 11,138 medical care visits for 2,325 patients in just 39 months!

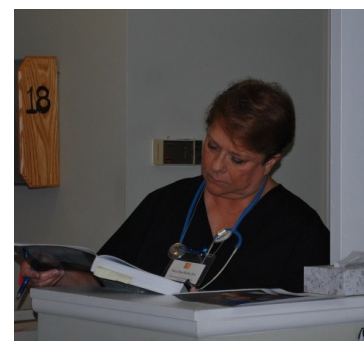
Jim Spann, MD,



1,000th patient visit, Quintella Johnson (center) with Dr. Spann and Julia Sachs, RN



Our newest and 31st Volunteer Physicians, Dr. Louis Weinstein



Mary Ellen Ritchie, 2008 Volunteer RN, now Volunteer Nurse Manager

Board Members 2011

James Hayes, M.D.
Retired Internal Medicine
BIFMC Volunteer Physician

Vasco W. Pickett
Medicare Supplement Specialist,
Franklin & Assoc.

Tumiko Rucker
Town Administrator, Kiawah Island

Judge Leroy Linen
South Carolina Judicial Department
Magistrate Judge, Johns and Wadmalaw Islands

Arthur S. Booth, M.D.
Retired Oncologic Surgeon

Charlton Davis, M.D.
Retired Pediatric Oncologist

Buddy Bass, D.D.S.
Retired, Oral/Maxillofacial Surgeon

John J. Brooks
Retired Executive, BellSouth

Mario Cardenas
Deacon, Holy Spirit Catholic
Church

Mary D. Garcia
Senior VP, Senior Commercial
Lender Community First Bank

Lee Glover
Financial Advisor, Life Insurance

Father Marshall Huey
Rector, Old St. Andrews Parish

George Hyams
Owner, Hyams Garden & Accent
Store

Robert Kunes, Esq.
Evans, Carter, Kunes & Bennet,
P.A.

Wes McKenna
McKenna Agency, Inc.

Lisa Montgomery
VP, Finance & Administration,
MUSC & CFO, MUHA

Steve Orban
Mayor, Kiawah Island

Chip Smith
Retired Executive, Duke Energy Co

As we all know, it is important to use National Standard best practice outcome studies to document that BIFMC is indeed improving the health of the patients we serve. In January 2011, the clinic completed medical outcomes studies in 143 selected clinic patients with three of the most serious chronic diseases treated at the clinic; high LDL cholesterol (**LDL**), high blood pressure (**HBP**), or diabetes with high fasting blood sugar (**FBS**) and high diabetes test (**HA1C**).

After an average 12 months treatment by the clinic's volunteer doctors and nurses the patient's dangerously elevated LDL, HBP, FBS and HA1C averaged at or below the National Standard best prac-

tice guidelines (**GOAL**). See data in chart below. As you all know, such positive changes with treatment have been widely shown in previous medical studies to lower patients risk for heart attacks, strokes, blindness, amputations and hospitalization.

Many of our patients lack the training, life experience and habits that they need to optimally utilize services newly available to them in the medical home setting of the free clinic. With no insurance and low income, many of our patients have never had a regularly available physician or medical home.

Such patients often had no alternative but to allow chronic medical conditions to reach crisis levels and then seek care in the emergency room. Such patients

often have poor outcomes due to lack of continuing care. Also, the cost of the ER visit is \$2,040. The 2011 Clinic cost for such a visit is \$69.95.

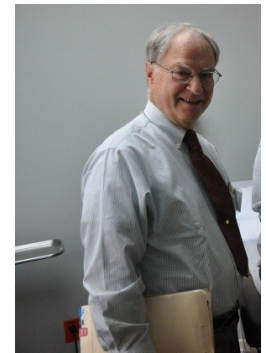
Last year, we demonstrated that the compliant segment of our patient population achieved National Standards of outcome goals for diabetes, hypertension and hyperlipidemia. See data in chart below. National statistics and our own observations show that more than half of patients have inadequate compliance with medical treatment plans. Such patients have poor outcomes.

Our next goal is to improve the clinical outcomes of the non-compliant segment of our existing patient population.

	LDL	HBP	FBS	HA1C
At Start	158	163/100	270	10
BIFMC Rx (at 12 Months)	89	127/80	116	7
National Standards Goal (at or less than)	100	140/80	125	7



Dr. Bill Simpson, former acting Chairman of MUSC Department of Family Medicine, seen here busy caring for patients in the Clinic as he is Thursday of each week.



Dr. Vic Agusta, Volunteer Physician and Assistant Medical Director



Nurse Manager, Donna Killip, RN and Nurse Case Manager, Wanda Weart, RN with Dr. Gible

“No Money, No Mission ...”

In hard times, it is more difficult to raise money. In hard times, the need for free care also increases. This increases the number applying for the Clinic's free medical services which increases the Clinic's direct patient care expenses.

The Clinic is committed to respond by providing a primary care medical home to those who have lost their jobs and health insurance. So we must work even harder to get funding.

Despite the decline in the economy, BIFMC is grateful for the individuals, foundations and corporations who support our mission. Grant funding is off to a very good start this year. At six months into the 2011 year, we have received \$163,000, **more grant funding than the entire calendar year of 2010.**

The Clinic continually seeks funding to help us continue providing low-cost free primary care.

Bishop Gadsden Presents \$105,000 Check!

On November 5, 2010 the Bishop Gadsden resident outreach committee hosted “An Elegant and Entertaining Evening with Live Music, Wine & Beer, Heavy Hors d’oeuvres and Auction” to raise funds for the Clinic. Over 100 items were donated for the Auction.

As a result of the hard work of the Bishop Gadsden residents, staff and volunteers, we were presented with a \$105,000 check to support our operations.

A special thanks goes to Dr. Dan Mengedoht, Chairman resident Outreach Committee, for his leadership and support of Barrier Islands Free Medical Clinic.



Over 100 items were donated for the Auction!

Grants Awarded:

- ✓ Bakker Family Fund—CCF ~ \$5,000
- ✓ BlueCross BlueShield Foundation ~ \$25,000
- ✓ Town of Kiawah Island ~ \$10,000
- ✓ Ladies Benevolent Society ~ \$40,000
- ✓ Medical Society of South Carolina ~ \$60,000
- ✓ Seabrook Ladies Golf & Tennis ~ \$13,300
- ✓ Exchange Club of Charleston ~ \$5,000
- ✓ SCANA ~ \$5,000

Fourth Annual Celebrity Golf Invitational Tournament 2011



Turtle Point Clubhouse

With clear skies and ideal temperatures, Barrier Islands Free Medical Clinic hosted its 4th Annual Celebrity Golf Invitational Monday, May 16, 2011, at Turtle Point Golf Course, Kiawah Island. Special thanks go to Kay Halsey, Steve Orban, Walt Nadzak and our many volunteers and five of our patients who worked hard to make the day a complete success.

The events for the day included the purchase of Mulligans, the “Beat Burger” contest, the Putting contest and the Foursome group event. Congratulations go to Karen Gibler for winning the “Beat Burger” contest! Karen is one of our 32 registered nurse volunteers who help make the Clinic a success.

Our celebrity participants were the honorable Mayor Joseph P. Riley, Jr., Mayor, City of Charleston; Ken Burger, Post and Courier columnist; Bobby Cremins, head basketball coach at The College of Charleston; Chuck Driesell, head basketball coach at The Citadel; and, Kevin Higgins, head football coach at The Citadel.

The success of the Celebrity Golf Invitational would not be possible without the support of the many sponsors and contributors who helped raise over **\$144,000** for the Clinic!



Event Co-Chairs, Steve Orban and Kay Halsey



Karen Gibler, RN, winner of “Beat Burger” competition, pictured with Post & Courier Columnist and friend of the Clinic, Ken Burger



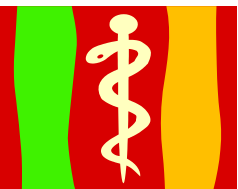
Mayor Riley and Patient Volunteer, Francis Salvo participate in this year's Golf Invitational



Clinic Founders, Arthur Booth, MD (left) and Charlie Davis, MD (right) patrol the golf course!



Dr. Booth and Dr. Hayes with David Dunlap, Roper St. Francis Healthcare



Barrier Islands Free Medical Clinic

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